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Resistance Shoulder Press

Product Code AMVFAF-RSP

Price on Application

*Price stated is for product only.
Contact us for a delivery & installation quote based on your location.*

Dimensions:

Length	877 mm
Width	751 mm
Height	1422 mm

Key Stage:



Play Values

This product supports the following areas of child development.

Strength

Hand-eye Co-ordination

Description

Just like a shoulder press found in an indoor gym, our outdoor Resistance Shoulder Press allows the user to set the required difficulty level 1-11 before pushing in an upward motion to strengthen the shoulder and arm muscles. Suitable for all abiliites, users new to fitness simply select the lowest intensity and perform a lower number of reps, while those who workout regularly can set themselves a much harder challenge using a higher level and/ or an increased number of reps.

BENEFITS

- Has a variable resistance level 1-11
- Exercises the shoulders, arms and upper back
- Builds strength, tone and definition
- Low impact on joints
- Suitable from 11 years +

SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.
Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.

Constructionline Gold Member

Certificate Number 18791 ISO 9001 BS EN 1090 ISO 14001