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Outdoor Exercise Bicycle

Product Code AMVFAF-B

Price on Application

*Price stated is for product only.
Contact us for a delivery & installation quote based on your location.*

Dimensions:

Length	1017 mm
Width	499 mm
Height	1228 mm

Key Stage:

KS 3 KS 4



Play Values

This product supports the following areas of child development.

Balancing

Strength

Gross Motor Skills

Description

Our upright Bicycle gives the rider the sense of using a familiar pedal bike in a static position. Using this cycling motion works the legs. Strengthening and toning thigh and calf muscles and improving their flexibility. It will also get the heart rate up, burn calories and improve cardiovascular strength. The user can cycle at their own pace, making it suitable for all abilities, beginners to advanced. It's also great to use for a warm-up.

BENEFITS

- Gives an excellent cardiovascular workout
- Improves balance and core strength
- Improves muscular strength and tone
- Brilliant to use for warming up
- Suitable for 11 year olds+

SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.
Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.

Constructionline Gold Member

Certificate Number 18791 ISO 9001 BS EN 1090 ISO 14001