

# Double Cross Country Skier

Product Code AMVFAF-DCCS

£1,578

Price stated is for product only. <br>Contact us for a delivery & installation quote based on your location.

## Dimensions:

Length	1965 mm
Width	620 mm
Height	1562 mm

## Key Stage:



## Play Values

This product supports the following areas of child development.



Balancing



Stretching & Flexibility



Strength



Hand-eye Co-ordination



Gross Motor Skills



Co-Operative Play



## Description

The Double Cross Country Skier has been specially designed to provide a full body workout. Just like cross-country skiing, users stand on the footplates, moving legs forwards and back while using their arms to drive the handles forwards and back. Users can work individually or in pairs for some synchronised skiing! Suitable for all abilities, users can set their own pace to work all major muscle groups and build stamina, balance and coordination.

### BENEFITS

- Exercises the legs, arms and core
- Improves balance, coordination and flexibility
- Gives an excellent cardiovascular workout
- Suitable for 1 or 2 users at a time
- Suitable for all abilities

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.