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Recumbent Bike

Product Code AMVFAF-RB

Price on Application

*Price stated is for product only.
Contact us for a delivery & installation quote based on your location.*

Dimensions:

Length	1292 mm
Width	650 mm
Height	879 mm

Key Stage:

KS 3 KS 4



Play Values

This product supports the following areas of child development.

Balancing

Strength

Gross Motor Skills

Description

Our Recumbent Bike gives the rider a workout similar to a bicycle but in a laid back position, giving more support to the body. Using this cycling motion works the legs, strengthening and toning thigh and calf muscles. It will also get the heart rate up, burn calories and improve cardiovascular strength. The user can cycle at their own pace, making it suitable for all abilities, beginners to advanced. It's also great to use for a warm-up.

BENEFITS

- Gives an excellent cardiovascular workout
- Improves balance and flexibility
- Improves muscular strength and tone
- Brilliant to use for warming up
- Suitable from 11 years +

SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.
Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.

Constructionline Gold Member

REGISTERED ISOQAR UKAS MANAGEMENT SYSTEMS 0026
Certificate Number 18791
ISO 9001
BS EN 1090
ISO 14001