

# Twist & Step

Product Code AMVFAF-TS

£1,323

Price stated is for product only. Contact us for a delivery & installation quote based on your location.

## Dimensions:

Length 1457 mm  
Width 1270 mm  
Height 2474 mm

## Key Stage:



## Play Values

This product supports the following areas of child development.



Balancing



Stretching & Flexibility



Co-Operative Play

## Description

Our Twist & Step provides two pieces of equipment in one and has been specially designed for adults to improve flexibility, core strength and cardio fitness. The twist element encourages hip twisting exercises, improving flexibility and core strength, whilst the stepper element provides a cardiovascular workout while strengthening the leg muscles and buttocks. Suitable for all abilities, users can set their own pace. It's easy to use and a huge amount of fun.

### BENEFITS

- Exercises the legs, hips and core
- Improves balance, coordination and flexibility
- Gives an excellent cardiovascular workout
- Suitable from 11 years +

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.